TRACEN PETALUMA GALLEY

13 - 19 April 2009

Captain C. J. Hall Commanding Officer

| | GALI | LEY | - |
|------------------|---|--|--|
| 5 | BREAKFAST Assorted Fresh Fruit | LUNCH Shrimp & Broccoli Risque | DINNER Chickon & Pico Soun |
| | Assorted Fresh Fruit Hot Grits | Shrimp & Broccoli Bisque Beef Stroganoff | Chicken & Rice Soup Chicken Kiev |
| | Grilled Eggs & Omelets to Order | Chicken Picata | Bar-B-Q Beef Brisket |
| 7 | Hard Boiled Eggs | Wild Rice | Egg Noodles |
| ō | Bacon / Sausage | Fettuccini Noodles | Scalloped Potatoes |
| MONDAY | Hash Browns | Steamed Green Beans | White Wine Sauce |
| D | Pancakes | Mediterranean Blend Vegetable | 4 Way Mixed Vegetables |
| | Chorizo & Eggs Warm Corn & Flour Tortillas | Country Biscuits | Baked Beans Hot Rolls |
| ~ | warm Corn & Flour Torunas | Shrimp Po Boys | not Rolls |
| | | Grilled Chicken Breast | |
| | | Onion Rings | |
| | Assorted Fresh Fruit | Mushroom Soup | Vegetable Beef Soup |
| | Hot Farina | Beef Short Ribs | Swedish Meatballs |
| _ | Grilled Eggs & Omelets to Order | Chili Crusted Pork Loin | Homestyle Chicken Tenders |
| UT | Hard Boiled Eggs | Quinoa Roasted Potato Wedges | Buttered Egg Noodles Steak Fries |
| Ē | Bacon / Apple Chicken Sausage Hash Browns | Steamed Cauliflower | Creamed Spinach |
| <u>S</u> | French Toast | Acorn Squash | Peas & Carrots |
| 9 | Creamed Sausage | Dinner Rolls | Dinner Rolls |
| ESDAY | Homemade Biscuits | | |
| ` | | Sub Sandwich Bar | |
| | | Grilled Chicken Breast | |
| | Assorted Fresh Fruit | Assorted Chips Vermont Cheddar Cheese Soup | Mulligatowny Con- |
| | Assorted Fresh Fruit Hot Oatmeal | Vermont Cneddar Cneese Soup Beef Tenderloin | Mulligatawny Soup Grilled Pork Chops |
| ≶ | Grilled Eggs & Omelets to Order | Orange Almond Chicken | Savory Baked Chicken |
| mΊ | Hard Boiled Eggs | Baked Potato | Jasmine Rice |
| D | Bacon / Sausage / Ham | Rice Pilaf | Cornbread Dressing |
| WEDNESDAY | Hash Browns | Steamed Broccoli | Baby Lima Beans |
| iii | Pancakes | Vegetable Stir-fry | Glazed Carrots |
| Ö | Corned Beef Hash | Pork Egg Rolls Hot Rolls | Brown Gravy Hot Rolls |
| \triangleright | | Grilled Cheeseburgers | Hot Rons |
| ~ | | Grilled Chicken Breast | |
| | | French Fries | |
| | Assorted Fresh Fruit | Coast Guard Bean Soup | Tomato Basil Soup |
| _ | Hot Grits | Oven Roast Beef | Pepperoni & Cheese Pizza |
| ェ | Grilled Eggs & Omelets to Order Hard Boiled Eggs | Bourbon Chicken Whipped Potatoes w/ Gravy | Buffalo Wings |
| | Bacon / Apple Chicken Sausage | Red Beans & Rice | Celery Sticks W/ Bleu Cheese Sauteed Zucchini |
| 刀 | Hash Browns | Collard Greens | Mozzarella Cheese Sticks |
| RSDA | French Toast | Fried Okra | Marinara Sauce |
| Δ | Creamed Beef | Corn Bread | Garlic Cheese Bread |
| \prec | White & Wheat Toast Points | Sub Sandwich Bar | |
| , | | Grilled Chicken Breast Potato chips | |
| | Assorted Fresh Fruit | Seafood Chowder | Chicken ConSomme |
| | Hot Farina | Fresh Catch of the Day | Grilled Ribeyes |
| | Grilled Eggs & Omelets to Order | Shrimp Creole | Herbed Chicken Breast |
| | Hard Boiled Eggs | Captain's Seafood Platter | Saffron Rice |
| П | Bacon / Sausage Hash Browns | Seafood Cold Bar Steamed Rice | Twice Baked Potatoes Corn on the Cob |
| 꼬 | Pancakes | Macaroni & Cheese | Seasoned Yellow Squash |
| | Chorizo & Eggs | Capri Blend Veggies | Hot Rolls |
| FRIDAY | Warm Corn & Flour Tortillas | Club Spinach | |
| ~ | | Pulled Bar-B-Q Pork Sandwiches | |
| | | Grilled Chicken Breast | |
| | | Assorted Chips | |
| | | | |
| | Assorted Fresh Fruit | ***BRUNCH*** | Hot & Sour Soup |
| | Hot Oatmeal | Vegetable Soup | Kalua Pork |
| 15 | Grilled Eggs & Omelets to Order | Buffalo Chicken Sandwiches | Chicken Katsu |
| SATURDAY | Hard Boiled Eggs | Tator Tots 5 Way Miyad Vagatables | Steamed Rice LoMein Noodles |
| Ċ. | Bacon / Sausage / Ham Hash Browns | 5 Way Mixed Vegetables | Sauteed Cabbage |
| 찓 | French Toast | | Cauliflower w/ Cheesesauce |
| סו | Creamed Sausage | Grilled Eggs & Omelets to Order | Chicken Spring Rolls |
| 7 | Homemade Biscuits | Breakfast Meats | Hawiian Sweet Bread |
| 1 | | Hash Brown Casserole | |
| | Assorted Fresh Fruit | Blueberry Pancakes ***BRUNCH*** | Cream of Potato |
| | Assorted Fresh Fruit Hot Grits | ****BRUNCH**** Chicken Noodle Soup | Cream of Potato Homestyle Meatloaf |
| | Grilled Eggs & Omelets to Order | Hot Italian Subs | Roasted Tom Turkey |
| 3 | Hard Boiled Eggs | French Fries | Buttered Egg Noodles |
| SUNDAY | Bacon / Sausage | Monaco Blend Vegetables | Mashed Potatoes & Gravy |
| | Hash Browns | | Seasoned Succotash |
| ۲I | Pancakes | Cuilled Force & Organists 4 O. 1 | French Cut Green Beans |
| 4 | Corned Beef Hash | Grilled Eggs & Omelets to Order Breakfast Meats | Dinner Rolls |
| | | Breakiast Meats Hash Browns | |
| | | French Toast Puffs | |
| | The Food Service Officer is authorized to | nake changes to this menu when, due to unus | sual or unforeseen cicumstances, it may be |
| | necessary to provide substitutio | ns for food items not in stock or to permit the | e timely use of perishable foods. |
| | submitted by: | reviewed by: | approved by: |
| | 500 D 1 0 1 | E0014 14 011 111 | |

FSCM M. O'Neill FS 'A' School Chief

FSC D. L. Goudy Food Service Officer